



19th International Bhurban Conference on Applied Sciences & Technology Medical Sciences (16-18 August 2022)

Symposium: Psychiatry		
Moderator: <u>Dr. Shahid Ali Khan</u>	<u>Tuesday 16th Aug 2022</u>	14:00 – 1:00
Activity	Speaker	Time
Registration		14:00 - 14:15
Recitation of Holy Quran		14:15 – 14:25
Welcome Address	Dr Shahid Ali Khan	14:25– 14:35
lecture Why mental and physical health together	Dr Asad Tamizuddin Nizami	14:35 – 15:20
Workshop Understanding lifestyle and mental health	Dr. Uzma Masroor	15:20– 16:20
Lecture Psychological impact of social media	Dr Faisal Rashid Khan	16:20 – 17:00
Session Ceremony		17:00 – 17:15
Symposium: Critical Care Medicine		
Moderator: <u>Dr. Abdul Naeem</u>	<u>Wednesday 17th Aug 2022</u>	09:00 – 14:00
Activity	Speaker	Time
Registration		09:30 - 09:45
Recitation of Holy Quran		09:45 – 09:50
Welcome note	Dr Abdul Naeem	09:50 – 10:00
ICU INFECTIONS, Preventions & Management	Dr Paulo Rehader	10:05 – 10:30
COMPLICATED ARDS MANAGEMENT	Dr. Aftab Ahmed	10:30– 10:55
Research Paper EFFECTIVENESS OF TOCLIZUMAB IN IMC	Dr Zahra Rafique	10:55 – 11:05
Interactive session END OF LIFE CARE	Dr Abdul Naeem	11:05– 11:30
Tea Break		11:30 – 11:45
MV MANAGEMENT	Dr Paulo Rehader	11:45 – 12:30
DIFFICULT AIR WAY MANAGEMENT	Prof. Jawad Zaheer	12:30 – 13:15
SESSION CEREMONY		13:15 – 13:30
END OF SESSION AND LUNCH		13:30

Symposium – Neurology		
Moderator: Dr. Sarmad Ishtiaq	Wed, 17th Aug 2022	09:00 – 15:30
Activity	Speaker	Time
Registration		09:00 - 09:15
Recitation of Holy Quran		09:15 – 09:20
Welcome Address		09:20 – 09:25
Understanding EEG		
Generators of Neuronal Activity	Dr. Mughis Sheerani	09:25 – 09:45
EEG Electronics / EEG Basics for Doctors	Prof. Dr. Imran Ahmed	09:45 – 10:05
EEG Recording Techniques	Dr. Mughis Sheerani	10:05 – 10:25
Normal Awake & Sleep EEG	Dr. Shazma Khan	10:25 – 10:45
Tea Break (10:45 – 11:10)		
Benign EEG Variants	Dr. Dureshahwar Kanwar	11:10 – 11:40
EEG Artifacts	Dr. Shazma Khan	11:40 – 12:10
Pediatric EEG	Dr. Mughis Sheerani	12:10 – 12:50
Abnormal EEG ▪ Interictal & Ictal Epileptiform Activity	Prof. Dr. Imran Ahmed	12:50 – 13:30
Lunch & Prayer (13:30 – 14:00)		
EEG in Epileptic Syndromes	Dr. Mughis Sheerani	14:00 – 14:20
EEG in Critical Care	Dr. Dureshahwar Kanwar	14:20 – 14:40
Advancements in EEG	Dr. Shazma Khan / Dr. Mughis Sheerani	14:40 – 15:00
Vote of Thanks		15:00 - 15:05
Certificates distribution		15:05 – 15:30

Workshop : Spirometry Basics and Hands on Training		
Moderator: <u>Dr. Rizwan Ather</u>	<u>Thursday 18th Aug 2022</u>	10:00 – 13:00
Activity	Speaker	Time
Registration		09:30 - 09:55
Recitation of Holy Quran		09:55 – 10:10
Welcome Address	Dr Rizwan Ather	10:10– 10:20
Introduction to Spirometry and Lung Function Parameters	Brig Jamal Ahmed	10:20 – 10:40
Pe Requisites, preparation and performance	Dr. Rizwan Ather Dr Paulo Rehader	10:40– 11:00
TEA BREAK		1100-1120
How to interpret a Spirometry report	Maj Gen Jawad Khaliq Ansari	11:20 – 11:40
Hands On Session	IMC NESCOM TEAM	11:40 – 12:30

Discussion and Q & A	Dr Muddassar Shafiq	12;30-12;40
Closing Remarks	Dr. Rizwan Ather	12;40-13;00

Symposium: Gastroenterology & Hepatology		
Moderator: Dr. Ayesha Niazi	<u>Thursday 18th Aug 2022</u>	09:00 – 14:00
Activity	Speaker	Time
Registration		08:45
Recitation of Holy Quran		08:45 – 08:50
Welcome Address		08:50 – 09:00
H Pylori infection		
Epidemiology and Global burden of HPylori disease	Prof. Dr. Muhammad Umar MBBS,MCPS,FCPS,FRCP,FACG Vice Chancellor Rawalpindi Medical University & Allied Hospitals.	09:00 – 09:35
Treatment strategies for H Pylori infection	Prof. Dr. Ghias Un Nabi Tayyab MBBS (pb), MD (USA), MRCP (UK), FRCP (Edin), AGAF (USA). Dean PGMI, Doctors Hospital Lahore 0321-8473994	09:35 – 10:05
Difficult to Treat cases of H Pylori infection	Brig (R) Dr. Amjad Salamat Professor of Medicine/Gastroenterology Classified Medical Specialist Consultant Gastroenterologist & Hepatologist 0333-5465514	10:05 – 10:40
Tea Break		10:40 – 11:10
Non-Alcoholic Fatty Liver Disease (NAFLD)		
NAFLD & Metabolic Syndrome: Global perspective	Dr Paulo Rehader Dr. M Saleh Consultant Gastroenterologist Shifa International Hospital Islamabad	11:10 – 11:50
Management and current strategies in NAFLD	Prof. Altaf Alam Lahore , 0300-8418507	11:50 – 12:30
NAFLD and insulin resistance : New insights and potential new treatments	Prof. Saeed Sadiq Hamid MD., FRCS Professor, Department of Medicine Director of Clinical trials unit Agha Khan University Hospital Karachi 0300-8225190	12:30 – 13:00

Symposium: Management of Diabetes Mellitus Beyond Glycemic Control		
Moderator: <u>Dr. Maryam Mehboob</u>	<u>Thursday 18th Aug 2022</u>	14:00 – 17:30
Activity	Speaker	Time
Overview of Diabetes Mellitus in Pakistan	Prof Dr Abdul Basit MBBS,MRCP(UK),FRCP(UK) Regional Chairman IDF-MENA Regional council, Director Baqai Institute of diabetes and endocrinology (BIDE) Karachi	14:00 – 14:30
Insulin Initiation as Part of Treatment Journey in DM	Prof Dr lamal Zafar Consultant Diabetologist MBBS, FCPS CEO Hanif Medical Complex Ex Chairman deptt of general medicine Pakistan Institute of Medical Sciences (PIMS) Islamanad	14:30 – 15:00
The Meaning of Glucose Control in DM	Dr. Umer Yousaf Raja MBBS , MRCP (UK), MRCP-DE (UK) Consultant Diabetologist Shifa International Hospital Islamabad	15:00 – 15:30
The Missing Link in Diabetes Management	Dr. Ali Asghar MBBS,MRCP(UK),FACE(UK) Consultant Endocrinologist and Diabetologist Karachi	15:30 – 16:00
Workshop on Diabetes Foot	Dr.Uneeba Syed MBBS, FCPS Consultant Endocrinologist & Physician, Jinnah Hospital, Lahore	16:00 – 17:30